TRACKING AND TRAILS

When laying a trail make the signs obvious to those following the trail but not obvious to the general public. Keep each sign about the size of your hand and each sign visible from the last. When following a trail, the last guide should destroy the signs to prevent confusion if another trail is later made over the same ground. Use whatever is handy to create the signs, grass, stones, or sticks. Here are the main trail signs.

- Follow this trail
- Change direction
- Do not follow this trail
- Caution
- Message hidden direction of arrow 5 paces
- Camp in direction of arrow
- Water in direction of arrow
- Cross obstacles in direction of arrow

Be imaginative! - a shred of toilet paper with a number (5) and an arrow on can mean toilet in 5 paces in direction of arrow. A zippy lock bag with an arrow can mean lunch in this direction.

Remember - The last person/patrol through the trail must pick up and properly dispose of all man-made objects to avoid environmental damage.

Why Not:
- Have a treasure hunt using tracking signs.
- Have a competition between patrols - this could be done by one patrol setting a trail for the other and the other following (timed from start to finish) and then swapping and the one with the lowest time wins or one patrol could set the trail for two other patrols to follow and be timed, and then swap so everyone competes with everyone else.

REMEMBER CHEATING IS NOT SHOWING THE GUIDING SPIRIT!